WHY JOIN THE Y?

The Y is more than a place to gym or swim. We are a supportive community that inspires people of all ages, abilities and incomes to live healthier in mind, body and spirit. At the Y, we don’t just provide programs and services, we transform lives.

Member Benefits*:

Unlimited access to all of our branches • Full Wellness Center with cardio and weight equipment • Basketball courts • Indoor pools • Free PlayZone and Energy Factory child care (while you work out) • Free, unlimited, cutting-edge group fitness classes, including cycle, barre, yoga, HIIT and more • Steam rooms and saunas • Water exercise • Personal training Youth and adult swim lessons • Youth and adult sports • Summer day camp After-school care • Volunteer opportunities • Discounted member rates on programs • And so much more!

ACCESS FOR ALL

Every day, we work to make sure that everyone — regardless of age, income, abilities or background — has the opportunity to learn, grow and thrive. Download an application for financial assistance from our website at ymcagreensboro.org.

NATIONWIDE MEMBERSHIP

We want you to reach your health and wellness goals wherever you live, work or travel. That’s why your membership is accepted at 2,500 Ys across the United States. Be sure to bring a photo ID and sign a waiver at each new Y. Just remember that at least 50 percent of your visits must be made to your home YMCA each month! YMCA of Greensboro’s area branches include:

Bryan Family YMCA
501 W. Market St., Greensboro
336-478-9622

Eden Family YMCA
301 S. Kennedy Ave., Eden
336-623-8496

Hayes-Taylor Memorial YMCA
2630 E. Florida St., Greensboro
336-272-2131

Ragsdale Family YMCA
900 Bonner Dr., Jamestown
336-882-9622

Reidsville Family YMCA
504 S. Main St., Reidsville
336-342-3307

Spears Family YMCA
3216 Horse Pen Creek Rd., Greensboro
336-387-9622

Stoney Creek YMCA
9540 Golf House Rd. W, Whitsett
336-449-3222

Western Rockingham YMCA
600 S. 5th Ave., Mayodan
336-427-9622

*Amenities vary by branch

EVERYONE belongs at the Y. Our mission: To put Judeo-Christian principles into practice through programs that build a healthy spirit, mind and body for all. ymcagreensboro.org
<table>
<thead>
<tr>
<th>Membership Category</th>
<th>Joining</th>
<th>Monthly</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (3-12)</td>
<td>$0</td>
<td>$15</td>
</tr>
<tr>
<td>Teen (ages 13-18)</td>
<td>$0</td>
<td>$25</td>
</tr>
<tr>
<td>Young Adult (19-29)</td>
<td>$30</td>
<td>$35</td>
</tr>
<tr>
<td>Adult (30-64)</td>
<td>$60</td>
<td>$70</td>
</tr>
<tr>
<td>Two Adults (19-64)</td>
<td>$75</td>
<td>$88</td>
</tr>
<tr>
<td>One Adult w/Dependants</td>
<td>$75</td>
<td>$90</td>
</tr>
<tr>
<td>Two Adults w/Dependants</td>
<td>$75</td>
<td>$90</td>
</tr>
<tr>
<td>Senior (65+)</td>
<td>$60</td>
<td>$66</td>
</tr>
<tr>
<td>Two Seniors</td>
<td>$60</td>
<td>$66</td>
</tr>
</tbody>
</table>

**MEMBERSHIP RATES**

**BRYAN FAMILY YMCA**

**HAYES-TAYLOR MEMORIAL YMCA**

**EDEN FAMILY YMCA**

**RAGSDALE FAMILY YMCA**

**REIDSVILLE FAMILY YMCA**

**STONEY CREEK EXPRESS YMCA**

**WESTERN ROCKINGHAM FAMILY YMCA**

Youth: Must be supervised by a paying adult.

Teen: May use the pool, gym, youth locker rooms, and designated areas in the fitness center.

Two Adults: Any two adults 19 and over living at the same address.

Adult w/Dependants: Any adult/two adults living at the same address with an unlimited number of dependents under 23, two seniors 65+, individuals with physical/mental disabilities and nannies or au pairs.