



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MOVE IT! TEEN BOOTCAMP

Get Up, Get Out, and Get Moving!

**April 16 – May 21**

**Tuesdays from 4:30–5:30**

**Members \$30**

**Ages 8+**



Youth Bootcamp is back! This once weekly bootcamp will be a challenge to help your kiddo become more active and socialize with other youth while also challenging their bodies, teaching them healthy habits, and challenging them with healthy lifestyle choices.