

Age Group	Assistant Coach	Pratice Time	Practice Day	Court	Team Name	Team Colors
3-4						
Wendell Chaplin		6:15 PM	Wednesday	Court 1	Knicks	Blue/Orange
Reese Mcphatter		6:00 PM	Thursday	Court 2	Thunder	Gray/Orange
Brandon Hairston		6:00 PM	Monday	Court 2	Bobcats	Blue/White
5-6						
Regina Williams		5:30 PM	Tuesday	Court 1	G-Force	Orange and Royal Blue
Jermaine McCain	Terrance Geter	6:00 PM	Wednesday	Court 2	Go Gettas	Black and Carolina Blue
Brandon Rankin		6:00 PM	Thursday	Court 1	Raiders	
7-8						
Charleston Hall	Sheon Graves	7:00 PM	Tuesday	Court 2	Yellow Jackets	Grey and Gold
Selwyn Feastor		7:00 PM	Thursday	Court 1	Tarheels	Carolina Blue
Tiara Sellers		7:00 PM	Monday	Court 2	Warriors	Gold and Blue
Parrish	Bobby	7:00 PM	Tuesday	Court 2	Panthers	White and Red
Lamar Mitchell	Steph White	7:00 PM	Thursday	Court 2	Ravens	
9-10						
Perry Plaine	Mike Smith	7:00 PM	Wednesday	Court 2	Warriors	Royal Blue/Gold
Gregory Alexander		7:00 PM	Monday/Wednesday	Court 1	Blue Devils	Black/Royal Blue
11-13						
Tavourous Stanback		8:00 PM	Wednesday	Court 2		
14-17						
Barry Raleigh	Curtis Pickard	8:00 PM	Thursday	Full Court	Lakers	Purple/Gold
Jalen Tonkins	Kenji Johnson	8:00 PM	Monday	Full Court	Blue Devils	Navy Blue/Caroline Blue
Cheerleading						
Candice Duncan		6:00 PM	Monday	Court 1		Black and White