

BRYAN YMCA FAMILY POOL SCHEDULE

M A R C H 1st - A P R I L 30th 2020

TIME	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
5:00am - 6:00am	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
6:00am - 7:00am	WATER FIT	WATER FIT	WATER FIT	WATER FIT	WATER FIT		
7:00am - 8:30am	WATER FIT	WATER FIT	WATER FIT	WATER FIT	WATER FIT	OPEN SWIM WATER FIT Program Swim	
8:30am-10:30am	WATER FIT	WATER FIT	WATER FIT	WATER FIT	WATER FIT	OPEN SWIM WATER FIT Program Swim	
10:30am-12:00pm	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	
12:00pm-1:30pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM Program Swim	OPEN SWIM Program Swim
1:30pm - 3:15pm	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM	OPEN SWIM
3:15pm - 5:00pm	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM	OPEN SWIM
5:00pm - 7:00pm	OPEN SWIM WATER FIT Program Swim	OPEN SWIM WATER FIT Program Swim	OPEN SWIM WATER FIT Program Swim	OPEN SWIM WATER FIT Program Swim	OPEN SWIM		
7:00pm - 8:00pm	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM Program Swim	OPEN SWIM		
8:00pm - 9:00pm	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM			

- ⇒ 'PROGRAM SWIM' indicates that a portion of the pool can be used for YMCA swim lessons, YMCA swim team, or Aquatic Rehab Sessions with Dr. Ann Wieser or Dr. John O'Halloran's Office.
- ⇒ 'WATER FIT' indicates some or all of the pool will be used for an Adult Water Fitness Class. Monthly registration is required.
- ⇒ 'OPEN SWIM' indicates that some or all of the pool area can be used for general exercise, recreation or water play. All children under the age of 13 must be accompanied by an adult in the pool area. **Parents must be in the water with non-swimming children.**
- ⇒ In Order to promote comfort & safety for both children and seniors, the Family Pool is kept at **88 degrees.**
- ⇒ Swim Testing is Available for all Children Ages 12 and under.