



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPEARS FAMILY YMCA- POOL SCHEDULE

Starting Aug 26

Monday & Wednesday		Tuesday & Thursday		Friday	
5:00-6:45 AM	LAPS (5) OPEN SWIM	5:00-6:00 AM	LAPS (5) OPEN SWIM	5:00-6:45 AM	LAPS (5) OPEN SWIM
6:45-7:30 AM	LAPS (3)	6:00-7:00 AM	LAPS (3)	6:45-7:30 AM	LAPS (3)
7:30-11:30 AM	LAPS (2)	7:00-8:00 AM	LAPS (3)	7:30-11:30 AM	LAPS (2)
11:30 AM 1:00 PM	LAPS (3)	8:00 AM- 12:00PM	LAPS (2)	11:30 AM 1:00 PM	LAPS (3)
1:00-4:30 PM	LAPS (5) OPEN SWIM	12:00 PM 4:30 PM	LAPS (5) OPEN SWIM	1:00-4:30 PM	LAPS (5) OPEN SWIM
4:30-8:00 PM	LAPS (2) OPEN SWIM <i>5:15-6:00</i> No Open Swim 4:30-5:15 & 6:00-7:30	4:30-8:00 PM	LAPS (2) OPEN SWIM <i>5:15-6:00</i> No Open Swim 4:30-5:15 & 6:00-7:30	4:30-8:45 PM	LAPS (3) LAPS (5) 7:30-8:45 OPEN SWIM
8:00-9:45 PM	LAPS (5) OPEN SWIM	8:00-9:45 PM	LAPS (5) OPEN SWIM	<b>Saturday</b>	
<p><b>LEGEND</b>            (#): Indicates number of lap lanes available  <b>Open Swim:</b> Indicates when the shallow and deep water portion of the pool is available for open swim.</p>					
<p><b>Swim Test Policies and Procedures on reverse side.</b></p>		<p>The Splash Zone/Zero Entry side of the pool is always available for open swim.</p>		6:00-9:15 AM	
				LAPS (5) OPEN SWIM	
				9:15 AM-12:00 PM	
				LAPS (2) <b>NO OPEN SWIM</b>	
				12:00-5:45 PM	
				LAPS (5) OPEN SWIM Pool Parties 1-5	
				<b>Sunday</b>	
				11:00 AM 5:45 PM	
				LAPS (5) OPEN SWIM	