



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONFIDENCE WITH EVERY STROKE

Private Swim Lessons

Private swim lessons are a great way to receive one on one instruction time with a trained swimming instructor. Lessons are not restricted to age; anyone can receive private swim lessons! Private Lessons are composed of six (6) thirty (30) minute lessons or one single thirty (30) minute lesson. Private lessons can be done individually or up to two participants per group.

Six Lesson Package per participant:

\$120 Members

\$180 Non-Members

Single Lessons per participant:

\$25 Members

\$35 Non-Members

Last Name: _____ First Name: _____

Email Address: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____

Important Medical Information:

Emergency Contact:

Please let us know what you are looking for in a swim instructor or looking to accomplish in swim lessons, to help match you with a swim instructor:

Please circle days and times you are available for private lessons:

Available Days & Times for Lessons (circle): Mon. Tues. Wed. Thurs. Fri. Sat.

Morning Mid-Day Afternoon

Evening: _____

Mary Perry Ragsdale Family YMCA Private Swim Lesson Policies

1. I understand that I may be placed on a wait list for private lessons, and it may take a few weeks before a Swim Instructor is available.
2. I understand I must present a receipt to the swim instructor before beginning private lessons, or the lesson will not be taught.
3. Children must be age 3 before beginning private lessons. We offer a parent/child class for children under age 3.
4. If you have to cancel a lesson, you will need to cancel 24 hours in advance in order to schedule a make-up class. If you do not cancel within 24 hours prior to the start of your lesson the class time will be lost. Please be on time for your lessons, your instructor often will have other lessons to teach as well.
5. Lessons are either once or twice week, other arrangements may be made with approval of the Aquatics Director and Swim Instructor.
6. Make-up lessons will be given at the discretion of the swim instructor.
7. We cannot guarantee that all requests will be fulfilled, but every effort will be made to match you with an instructor in a timely fashion. If you have been on the list for more than 30 days without a call, please contact the aquatics office.

I acknowledge that I have read and understand the Mary Perry Ragsdale Family YMCA Private Swim Lessons Policies.

Participant's Signature: _____ **Today's Date:** _____

THIS IS YOUR REALEASE AND WAIVER OF LIABILITY (the "Release"). You individually and/or on the behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, "YMCA"). You agree that this Release is effective immediately. **This is important to you and/or any minor children so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:**

1. **GENERAL RELEASE:** I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants ("Releases") in the program harmless from any and all claim and causes of action of any nature for any and all personal injury or illness including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decided to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which I and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child's participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the lay of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect.
2. **ASSUMPTION OF RISK:** I, individually and/or on the behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physician before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all the risks.
3. **MEDICAL RELEASE:** I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA. A.) I take full responsibility for my and my child(s) welfare and safety on or at YMCA activities. B.) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.
4. **PHOTOGRAPHIC RELEASE:** I consent to be photographed and to allow YMCA's use of any photos of myself and/or my minor child at its sole discretion. **HAVING READ, UNDERSTOOD, AND ADREED WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE, TO BE EFFECTIVE IMMEDIATELY.**

Signature of Participant or Parent/Legal Guardian: _____ **Today's Date:** ____/____/____