



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## Eden Family YMCA January 2019 Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pool Closed</b>	<b>MHS Swim Team</b> 5:30-7:30am  (1-2) lap lane open	<b>Pool Closed</b>	<b>MHS Swim Team</b> 5:30-7:30am  (1-2) lap lane open	<b>Pool Closed</b>	<b>MHS Swim Team</b> 5:30-7:30am  (1-2) lap lane open	<b>Pool Closed</b>
	<b>CLOSED 7:30-8am</b>		<b>CLOSED 7:30-8am</b>		<b>CLOSED 7:30-8am</b>	
<b>Open/Lap</b> 1:30-4:30pm	<b>Water Fitness</b> 8-9am No open swim area (2) lap lanes open	<b>Water Fitness</b> 8-9am No open swim area (2) lap lanes open	<b>Water Fitness</b> 8-9am No open swim area (2) lap lanes open	<b>Water Fitness</b> 8-9am No open swim area (2) lap lanes open	<b>Water Fitness</b> 8-9am No open swim area (2) lap lanes open	<b>Open/Lap</b> 8am-12pm
	<b>Open/Lap</b> 9am-4pm	<b>Water Fitness</b> 9-10am  (2) lap lanes open	<b>Open/Lap</b> 9am-4pm	<b>Water Fitness</b> 9-10am  (2) lap lanes open	<b>Open/Lap</b> 9am-4pm	<b>Pool Closed</b>
<b>Pool Closed</b>	<b>MHS Swim Team</b> 4-5pm No open swim or lap lanes	<b>MHS Swim Team</b> 4-5pm No open swim or lap lanes	<b>Water Fitness</b> 4-5pm No open swim area (1) lap lane open	<b>MHS Swim Team</b> 4-5pm No open swim or lap lanes	<b>MHS/PP Swim Team</b> 4-5:15pm No open swim or lap lanes	
	<b>PP Swim Team</b> 5-6:15pm No open swim or lap lanes	<b>PP Swim Team</b> 5-6:45pm No open swim or lap lanes	<b>PP Swim Team</b> 5:15-6:15pm No open swim or lap lanes	<b>PP Swim Team</b> 5-6:45pm No open swim or lap lanes	<b>Water Fitness</b> 5:30-6:30pm No open swim area (1) lap lane open	
	<b>Water Fitness</b> 6:15-7:15pm No open swim area (1) lap lane open	<b>Open/Lap</b> 6:45-7:30pm	<b>Open/Lap</b> 6:15-7:30pm	<b>Open/Lap</b> 6:45-7:30pm	<b>Open/Lap</b> 6:30-7pm	
	<b>Pool closes @</b> 7:30pm	<b>Pool closes @</b> 7:30pm	<b>Pool closes @</b> 7:30pm	<b>Pool closes @</b> 7:30pm	<b>Pool closes @</b> 7pm	

<p><b>Pool Hours</b>          M/W/F: 5:30am-7:30pm          *closed 7:30am-8am*          T/TH: 8am-7:30pm          Sat: 8am-12pm          Sun: 1pm-4:30pm</p>	<p><b>UPDATE - Water Fitness</b>          Registration required before participation.          Limited spaces available. Register early!          No open swim during shallow water classes.          2 lap lanes will be open for lap swimming.</p>	<p><b>Eden Family YMCA</b>          301 S. Kennedy Ave.          Eden, NC 27288          336-623-8496  <a href="http://www.edenymca.org">www.edenymca.org</a></p>
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