



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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SUMMER SWIMMING



**swim
team**

**With the
YMCA Bears Summer Swim Team
at the Kathleen Price Bryan Family YMCA**

For all community swimmers ages 18 & under!

2018 Season: May 14th – July 15th

Program Fee: \$115 (includes all meet fees + swim cap and shirt)

The YMCA Bears Swim Team is a member of the *Greensboro Community Swimming Association*. The Community Swim Association (CSA) is a non-profit organization comprised of 23 local swim clubs and more than 2,000 swimmers from ages 18 and under in the Greensboro, NC metropolitan area.

The YMCA Bears Swim Team provides a unique opportunity for children ages 18 and under to train and compete as a member of a team built around the YMCA core values of Caring, Honesty, Respect and Responsibility. Whether your child is new to competitive swimming or a seasoned year-round swimmer, the Bears will provide a challenging and rewarding experience for all its members. The Bears are preparing to start our 15th season in the CSA. In those seasons, we have established a tradition of fellowship, sportsmanship and achievement. Come be part of that tradition as the Bears brace to embark on another summer of fun and excitement in Greensboro!



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2018 Season Detail

The YMCA Bears Summer Swim Team is open to all community swimmers ages 18 and under with a YMCA Family or Program Membership. All swimmers should be able to complete one full length of the pool (25 yards) doing any competitive stroke before signing up. If you are uncertain of your child's swimming ability, feel free to drop in for an evaluation with one of our coaches / aquatics staff to make sure that this is an appropriate program. While we adopt a philosophy of 'everyone swims, everyone wins' parents and swimmers should understand that the Bears is a competitive swim team, and participation at swim meets (by both youth swimmers and parent volunteers) will be strongly encouraged.

PROGRAM FEE:

\$115* (full program fee is due before child's first practice)
**Fee includes all practices, meets, city meet fees, CSA dues, team swim cap and team t-shirt. Extra fees for a team swim suit and City Meet parking may apply. Please note that all swimmers MUST have a YMCA family, youth, or teen membership to be eligible to swim (Membership Fees Not Included in Program Fee).*

SEASON LENGTH:

May 14th – July 15th 2018

PRACTICE DAYS:

Mondays, Tuesdays, Thursdays,

PRACTICE TIMES:

CUBS (Ages 8 & Under): 5:30pm – 6:15pm
POLARS (Ages 9 & 10): 6:15pm – 7:15pm
GRIZZLIES (Ages 11 & Up): 7:15pm – 8:30pm
All practices are offered at the Bryan Family YMCA Lap Pool

TEAM SOCIALS & EVENTS:

FIRST DAY OF PRACTICE / SUIT FITTINGS:	Monday, May 14 th	5:30pm – 8:30pm	Bryan Y Pool
MOCK SWIM MEET:	Saturday, June 2 nd	2:00pm – 5:00pm	Bryan Y Pool
BEARS GRASSHOPPERS NIGHT:	Sunday, June 3 rd	2:00pm – 5:00pm	Grasshopper Stadium
SWIM FOR CANCER 2017	Saturday, June 23 rd	10:00am – 12:00pm	Bryan Y Pool
TEAM MEETING / PIZZA DINNER:	Tuesday, July 3 rd	7:00pm – 9:00pm	Bryan Y Community Room
AWARDS CEREMONY / POOL PARTY:	Saturday, July 15 th	5:30pm – 7:30pm	Bryan Y Community Room

MEET SCHEDULE:

Tuesday, June 5 th	HOME MEET with SOUTHEAST-	Warmups @ 4:30pm / Meet @ 5:30pm
Tuesday, June 12 th	HOME MEET with SEDGEFIELD C.C. -	Warmups @ 4:30pm / Meet @ 5:30pm
Tuesday, June 19 th	Away Meet at STARMOUNT C.C. -	Warmups @ 4:30pm / Meet @ 5:30pm
Thursday, June 21 st	Away Meet at PINETOP -	Warmups @ 4:30pm / Meet @ 5:30pm
Tuesday, June 26 th	Away Meet at FOREST OAKS -	Warmups @ 4:30pm / Meet @ 5:30pm
July 5, 6, 7 -	GREENSBORO CITY CHAMPIONSHIP MEET at the GREENSBORO AQUATIC CENTER!	

SESSIONS RUN FROM APPROX. 8:30am – 8:30pm EACH DAY (with breaks!)

PARENT PARTICIPATION IS REQUIRED AT ALL SWIM MEETS!

All Parents are needed to help serve as timers, stroke judges, clerks of course, and even referees!

For information on becoming a stroke judge, please visit:

www.greensborocsa.org or contact Cynthia Shannon at cynthia.shannon@ymcagreensboro.org

For more information on YMCA Bears, please contact: Jamie Wright, Associate Executive Director at 478-9634
james.wright@ymcagreensboro.org or visit us online at www.ymcagreensboro.org

The mission of the YMCA is to put Judeo Christian principles into practice through programs that help build healthy spirit, mind and body for all.