



2026 Teens in Action Registration

Please print all information clearly

Applications must be completed and submitted by the interested teen.

Teen Full Name: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Teen Cell Phone Number: _____ Email: _____

Date of Birth: _____ Age: _____ Gender: _____

Upcoming Grade (Fall 2026) _____

T-Shirt Size (circle one): AS AM AL AXL

Circle which session you are applying for: June 22nd – July 3rd **OR** July 20th – 31st

Parent/Guardian Contact Information

1st Parent/Guardian: _____ Relation: _____

Phone Number: _____ Email: _____

2nd Parent/Guardian: _____ Relation: _____

Phone Number: _____ Email: _____

Emergency Contacts (other than parents/guardians)

Name: _____ Relation: _____

Phone Number: _____

Name: _____ Relation: _____

Phone Number: _____

Name: _____ Relation: _____

Phone Number: _____

Teen Health History and Behavior Profile

1. Does your teen wear glasses/contacts: Yes No

2. Are they currently under care of a physician: Yes No
If yes, should we be aware of any behavior changes?

3. Do they currently take any medications? Yes No
If yes, are there any side effects that could impact their experience?

4. Do they have any allergies? Yes No
If yes, please list allergies & any medications for them

5. Do they need any accommodations? Yes No
If yes, what type?

6. Has your teen had a recent injury: Yes No
If yes, will it prohibit them from certain activities?

7. Does your teen have any conditions that could require medical assistance?
Yes No
If yes, what type of assistance is required?

8. How does your child interact with kids younger than them?

9. Are there any behaviors we should be aware of that may affect their interaction with others at the Y? Yes No

If yes, please explain

10. Does your child have any experience being picked on or bullied in school?

Yes No

Teen Code of Conduct

It is expected that as our guest you will follow all the rules and regulations set out below. Please be aware that staff have the right to deny you entry if you are acting at all suspicious. Staff also have the right to ask you to leave at any time if there are any violations of any rules set out below.

PLEASE HAVE TEEN INITIAL EACH LINE

1. The YMCA is a **drug, weapon** and **alcohol free** area, any violation of this policy will result in the calling of local authorities and being banned indefinitely from the facility. _____
2. Foul language **will not** be tolerated. Swearing and other offensive words are not allowed. _____
3. Bullying (including cyber bullying), hazing, harassment, intimidation, name-calling, sexual innuendos, and verbal and physical aggression are prohibited. YMCA staff will have final say on what is considered offensive or bullying. _____
4. Inappropriate physical contact will not be tolerated. This includes pushing, punching, kicking, slapping, hitting or anything else considered unsuitable, such as sexual behavior, for the YMCA atmosphere. YMCA staff has final say on what is inappropriate. _____
5. Adult locker rooms are **off limits**; you may use youth locker rooms.
6. Using equipment in an inappropriate fashion will result in dismissal. YMCA staff will have a final ruling on what is unacceptable. _____

7. Upon arriving at our facilities, you must sign in by printing your name, arrival time, date and signature in the Teen Program book at the front desk. ____
8. Teens will clean up after themselves. Dispose of trash and leave areas clean and organize. ____
9. Should a teen be dismissed from the YMCA, he/she must vacate the building/surrounding property and will have his/her membership terminated. ____
10. The Y reserves the right to inspect any bag a teen brings into a branch or on our property. ____
11. Teens will not in any way endanger themselves or others while on YMCA property and/or while participating in YMCA events. ____
12. Any theft or suspicion of theft will be investigated by YMCA staff and local authorities if necessary. Participant may be subject to dismissal from program, banning from facility, and/or legal actions. ____
13. Overall time spent in Y facility will be limited around program participation time. YMCA staff have final say in how much time can be spent at the Y. ____

The Discipline Policy

1. If a teen is unable to comply with the behavior expectations, the teen will meet with the Program Director and the parent/guardian will be notified in writing or will receive a phone call. ____
2. If a teen has a 2nd behavior incident, they will meet with the Program Director and Executive Director, a behavior contract will be made, and the parent will be notified over the phone as well as in writing. ____
3. If the teen's behavior continues to be disruptive and/or unsafe, the teen will be subject to suspension or dismissal from the program and the program provided membership will be terminated. ____
4. Failure of the parent(s)/guardian(s) to discuss the behavior in person or over the phone and cooperate, will subject the teen to suspension or dismissal and the program provided membership will be terminated. ____

***We reserved the right to bypass the steps in our discipline policy depending on the severity of the situation or the outcome of the meetings with the Program Director.**

Participant Agreement

The Rockingham County YMCA offers a safe environment for teens throughout but not limited to the Reidsville area to work, learn, and have fun. To gain participant status, all teens must agree to the following:

1. Completion of the application process and interview.
2. Completion of the code of conduct.

3. To remain in appropriate areas of the building. Therefore, allowing other members and programs use of the facilities.
4. Follow all rules stated in this contract.

Teens in Action Questionnaire

Why are you interested in participating in the Teens in Action program?

What extracurricular activities have you participated in throughout school or summertime?

What do you like to do for fun?

How would your friends and family describe you?

How do you handle conflict with a friend?

What do you hope to gain from the program?

Describe a time when you worked with children between the ages of 5 and 12 years old?

What are your plans for career or post high school education?

What is something you are passionate about? Why?
