



USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION

For use during the 2025-2026 Season

Once a player has:

1. Been enrolled at a university, college, community college or junior college AND
2. Been cleared to participate by that (volleyball) program

The player is ineligible to take part in any regional and national programming, which includes but is not limited to national JNC qualifying and championship events.

18 and Under Division: Players who were born on or after July 1, 2007 (including high school graduates eligible based on the above paragraph)

18 and Under Division: Players who were born on or after July 1, 2006 *and* a high school student in the twelfth (12th) grade or below during some part of the current academic year are eligible to compete on 18 and under teams.

17 and Under Division: Players who were born on or after July 1, 2008

17 and Under Division: Players who were born on or after July 1, 2007 (18 years or younger) who shall neither have completed nor are in a grade higher than the eleventh grade (11th) during the current academic year are eligible to participate in the 17 and under age division. These players are still subject to frozen roster rules.

16 and Under Division: Players who were born on or after July 1, 2009

15 and Under Division: Players who were born on or after July 1, 2010

14 and Under Division: Players who were born on or after July 1, 2011

Boys 14 and Under Division: Players who were born on or after July 1, 2010 (15 years or younger) who shall neither have completed nor are in a grade higher than the eighth grade (8th) during the current academic year will be allowed to participate at the USA Junior National Championships on 14 and under teams. These players are still subject to frozen roster rules. (This is because the net height difference of 7'4 1/8" to 7' 11 5/8" between the 14 and Under Division to the 15 and Under Division.)

13 and Under Division: Players who were born on or after July 1, 2012

Boys 13 and Under Division: Players who were born on or after July 1, 2011 (14 years or younger) who shall neither have completed nor are in a grade higher than the seventh grade (7th) during the current academic year are eligible for a Region approved waiver to compete in the boys 13's age group. This age waiver is still subject to frozen roster rules.

12 and Under Division: Players who were born on or after July 1, 2013

Boys 12 and Under Division: Players who were born on or after July 1, 2012 (13 years or younger) who shall neither have completed nor are in a grade higher than the sixth grade (6th) during the current academic year are eligible for a Region approved waiver to compete in the boys 12's age group. This age waiver is still subject to frozen roster rules.

11 and Under Division: Players who were born on or after July 1, 2014

10 and Under Division: Players who were born on or after July 1, 2015

9 and Under Division: Players who were born on or after July 1, 2016

8 and Under Division: Players who were born on or after July 1, 2017

Note: [These](#) age definitions are used by domestic club programs and are NOT the same as the age definitions for International Competition and Domestic National Team Development Programs.

The Age Definition Policy was most recently revised by the USA Volleyball Board of Directors on May 27, 2025.



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To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under ¹	18 & Under ²	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
July	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Aug	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Sept	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Oct	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Nov	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Dec	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Jan	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Feb	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Mar	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Apr	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
May	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
June	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018

¹Players who were born on or after July 1, 2006 and a high school student in the twelfth (12th) grade or below during some part of the current academic year are eligible to compete in 18 & under.

^{2a}Players in this age range that have graduated high school are ineligible only if they have been enrolled at a university, college, community college or junior college AND have been cleared to participate by that (volleyball) program.

^{2b}Players who were born on or after July 1, 2007, (who are defined as 18 & under by the USAV Age Definition) and are in the 11th grade for the current academic year are eligible to compete in 17 & under.

³**Male Only** - Players who were born on or after July 1, 2011 OR players who were born on or after July 1, 2010 (15 years or younger) who shall neither have completed nor are in a grade higher than the eighth (8th) grade during the current academic year **are eligible to play in the 14 & Under division**. This is because the net height difference of 7'4 1/8" to 7'11 5/8" between the 14 and Under Division to the 15 and Under Division.

⁴**Male Only** - Players who were born on or after July 1, 2011 (14 years or younger) who shall neither have completed nor are in a grade higher than the seventh grade (7th) during the current academic year are eligible for a Region approved waiver to compete in the boys 13's age group.

⁵**Male Only** - Players who were born on or after July 1, 2012 (13 years or younger) who shall neither have completed nor are in a grade higher than the sixth grade (6th) during the current academic year are eligible for a Region approved waiver to compete in the boys 12's age group.