



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TEENS IN ACTION



2024 Summer Teens in Action Program Reidsville Family YMCA

YMCA Summer Teens in Action: The Reidsville Family YMCA is proud to offer an innovative teen program. Teens who are 15-18 years old can apply to our program to gain a free summer membership and take part in personal and team development activities throughout their session. Activities include assisting with our summer day camp, shadowing full time directors, college tours, financial literacy classes, and physical fitness. Sessions are 2 weeks long and teens must participate in at least 6 activities each week to remain in the program. An application completed by the teen and interview are required prior to registration.

AGES: 15–18* year olds (18-year-olds must be rising High School Seniors)

PROGRAM BENEFITS:

FREE Teen Membership throughout 2-week program will allow teens to access the YMCA facility to workout or attend group exercise classes when not participating in a program activity.

Teens apply at the YMCA front desk!

Contact Jennifer Stadler, Program Director at (336) 342-3307 or jennifer.stadler@ymcagreensboro.org for details.



2024 Teens in Action Registration

Please print all information clearly

For Office Use Only: Date turned in:

ID: _____

JUN24 or JUL24
08FSTEENS

Teen Full

Name: _____

Home

Address: _____

City: _____ State: _____ Zip: _____ Teen Cell Phone

Number: _____

Date of Birth: _____ Age: _____ Gender: _____ Upcoming Grade (Fall 2024)

T-Shirt Size (circle one): AS AM AL AXL

Circle which session you are applying for: June 17th-June 28th OR July 29th- August 9th

Ethnicity (optional):

Caucasian African American Asian Hispanic Native American Bi Racial Other _____

1st Parent/Guardian: _____ Cell Phone: _____

Gender: _____

Place of Work: _____ Work

Phone: _____

2nd Parent/Guardian: _____ Cell Phone: _____

Gender: _____ Place of Work: _____ Work

Phone: _____

Emergency Contacts (other than parents/guardians)

Name: _____

Relation: _____

Daytime Phone: _____ Evening

Phone: _____

Name: _____

Relation: _____

Daytime Phone: _____ Evening

Phone: _____

Name: _____

Relation: _____

Daytime Phone: _____ Evening

Phone: _____

Teen Health History and Behavior Profile

1. Does your teen wear glasses/contacts: Yes: _____ No: _____

2. Do they currently under care of a physician: Yes: _____ No: _____

If yes, please explain why

3. Do they currently taking any medications? Yes: _____ No: _____

If yes, please explain what

4. Do they have any allergies? Yes: _____ No: _____

If yes, please explain

5. Do they need special assistance of any type? Yes: _____ No: _____

If yes, please explain

6. Has your teen had a recent injury: Yes: _____ No: _____

If yes, please explain

7. Does your teen have diabetes, seizures and frequent fainting/dizziness? Yes: _____ No: _____

If yes, please explain

8. Does your teen have any back, neck, or shoulder pain or injury? Yes: _____ No: _____

If yes, please explain

9. Does your teen have a history of health problems or high blood pressure? Yes: _____ No: _____ If

yes, please explain

10. How does your child interact with kids younger than them?

11. Are there any behaviors we should be aware of that may affect their interaction with others at the Y? Yes: _____ No: _____ If yes, please explain

12. Does your child have any experience being picked on or bullied in school? Yes: _____ No: _____

If yes, please explain

Teen Code of Conduct

It is expected that as our guest you will follow all the rules and regulations set below. Please be aware that staff has the right to deny you entry if you are acting at all suspicious. Staff also has the right to ask you to leave at any time if there are any violations of any rules set below.

PLEASE HAVE TEEN INITIAL EACH LINE

1. The YMCA is a DRUG, WEAPON and ALCOHOL FREE area, any violation of this policy will result in the calling of local authorities and being banned indefinitely from the facility.
2. Foul language will not be tolerated. Swearing and other offensive words are not allowed.
3. Bullying (including cyber bullying), hazing, harassment, intimidation, name-calling, sexual innuendos, and verbal and physical aggression are prohibited. YMCA staff will have final say on what is considered offensive or bullying.
4. Inappropriate physical contact will not be tolerated. This includes pushing, punching, kicking, slapping, hitting or anything else considered unsuitable, such as sexual behavior, for the YMCA atmosphere. YMCA staff has final say on what is inappropriate.
5. Adult locker rooms are OFF LIMITS; you may use youth locker rooms.
6. Using equipment in an inappropriate fashion will result in dismissal. YMCA staff will have a final ruling on what is unacceptable.
7. Upon arriving at our facilities, you must sign in by printing your name, arrival time, date and signature in the Teen Program book at the front desk.
8. Teens will clean up after themselves. Dispose of trash and leave areas clean and organize.
9. Should a teen be dismissed from the YMCA, he/she must vacate the building/surrounding property and will have his/her membership terminated.
10. The Y reserves the right to inspect any bag a teen brings into a branch or on our property.
11. Teens will not in any way endanger themselves or others while on YMCA property and/or while participating in YMCA events.
12. Any theft or suspicion of theft will be investigated by YMCA staff and local authorities if necessary. Participant may be subject to dismissal from program, banning from facility, and/or legal actions.
13. Overall time spent in Y facility will be limited around program participation time. YMCA staff have final say in how much time can be spent at the Y.

The Discipline Policy

1. If a teen is unable to comply with the behavior expectations, the teen will meet with the Program Director and the parent/guardian will be notified in writing or will receive a phone call.
2. If a teen has a 2nd behavior incident, they will meet with the Program Director and Executive Director, a behavior contract will be made, and the parent will be notified over the phone as well as in writing.
3. If the teen's behavior continues to be disruptive and/or unsafe, the teen will be subject to suspension or dismissal from the program and the program provided membership will be terminated.
4. Failure of the parent(s)/guardian(s) to discuss the behavior in person or over the phone and cooperate, will subject the teen to suspension or dismissal and the program provided membership will be terminated.

***We reserved the right to bypass the steps in our discipline policy depending on the severity of the situation or the outcome of the meetings with the Program Director.**

Participant Agreement

The Rockingham County YMCA offers a safe environment for teens throughout but not limited to the Reidsville area to work, learn, and have fun. To gain participant status, all teens must agree to the following:

1. Completion of the application process and interview.
2. Completion of the code of conduct.
3. To remain in appropriate areas of the building. Therefore, allowing other members and programs use of the facilities.
4. Follow all rules stated in this contract.

Teens in Action Questionnaire

Why are you interested in participating in the Teens in Action program?

What extracurricular activities have you participated in throughout school or summertime?

What do you like to do for fun?

How would your friends and family describe you?

How do you handle conflict with a friend?

What do you hope to gain from the program?

Describe a time when you worked with children between the ages of 5 and 12 years old?

What are your plans for career or post high school education?

What is something you are passionate about? Why?
