



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA Camp Weaver Womens Weekend

### Suggested Packing List

#### Bedding

- Sleeping bag or sheets and blankets (cabins are heated!)
- Pillow and pillowcase

Clothing (We suggest everyone bring old but clean and comfortable weather appropriate clothing.)

- One pair of PJs
- 2-3 pairs of comfortable pants and/or shorts
- 2-3 heavy and light shirts
- 2 pairs of comfortable shoes
- Daily changes of socks and underwear
- Waterproof shoes that can get muddy
- Flip flops for showers
- Warm fleece, jacket or sweater
- Hat (for cold or hot weather)
- Gloves and a scarf in cold weather, raincoat or poncho in rainy weather

#### Toiletries

- Towels
- Soap and shampoo
- Washcloth
- Comb or brush
- Toothbrush and toothpaste

#### Other items/optional

- Flashlight
- Phone charger (if desired)
- Camera
- Bug repellent
- Water bottle/Travel mug
- Journal
- Sunscreen
- A book, your knitting/crochet project, anything that will help you relax and enjoy your weekend!