


2023

SEPTEMBER

OPEN SWIM: GUESTS & FAMILIES

LAP LANE/OPEN SWIMMING FOR ADULT MEMBERS: Monday - Thursday: 5:30am - 7:45pm, Friday: 5:30am - 2:00pm & 4:00pm - 6:45pm **3 Lap Lanes Daily**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 	28	29	30	31	01 7:00am - 9:00am 12:10pm - 2:00pm 5:00pm - 6:45pm	02 8:00am - 1:45pm
03 CLOSED	04 CLOSED FOR LABOR DAY	05 5:30am - 7:45pm	06 7:00am - 9:00am 12:10pm - 7:45pm	07 5:30am - 7:45pm	08 7:00am - 9:00am 12:10pm - 2:00pm 5:00pm - 6:45pm	09 8:00am - 1:45pm
10 CLOSED	11 7:00am - 9:00am 12:00pm - 5:30pm	12 5:30am - 5:30pm	13 7:00am - 9:00am 12:10pm - 5:30pm	14 5:30am - 7:45pm	15 7:00am - 9:00am 12:10pm - 2:00pm 5:00pm - 6:45pm	16 8:00am - 1:45pm
17 CLOSED	18 7:00am - 9:00am 12:00pm - 5:30pm	19 5:30am - 5:30pm	20 7:00am - 9:00am 12:10pm - 5:30pm	21 5:30am - 6:00pm STAFF TRAINING: POOL CLOSES at 6:00PM	22 7:00am - 9:00am 12:10pm - 2:00pm 5:00pm - 6:45pm	23 8:00am - 1:45pm
24 CLOSED	25 7:00am - 9:00am 12:10pm - 7:45pm	26 5:30am - 7:45pm	27 7:00am - 9:00am 12:10pm - 7:45pm	28 5:30pm - 7:45pm	29 7:00am - 9:00am 12:10pm - 2:00pm 4:00pm - 6:45pm	30 8:00am - 1:45pm

10 minute safety breaks are at the following times: 8am, 10am, 12pm, 2pm, & 6pm. Please plan to leave pool deck for those 10 minutes.

Swim testing is required for all children ages 12 and under by a Lifeguard. Parents must be in the water with non-swimming children.

All children 12 and under must be accompanied with a guardian 18 and older.

OPEN SWIM: Indicates that some or all of the pool area is open to the public, and for members 17 and under, to be used for general exercise, & water play.

YMCA Swim Test Policy			
Green Band Swim Test: Ages 5-12 Access to all depths of the pool. Test: Swim full length of the pool and tread water for 1 minute without pausing or touching the wall and/or floor. End test with full submersion jump in deep end.	YELLOW SWIM BAND: Ages 5-12 Access to water up to 5 feet. Test: Swim full length of pool without pausing or touching wall and/or floor.	RED BAND SWIM TEST: Ages 5-12 Access to water up to shallow water rope. Test: Reach height requirement at shoulders AND pass walking test to rope without assistance.	NO BAND: Ages 5-12 Must be within arm reach of adult or wear a Coast Guard Approved lifejacket at all times.