



# Eden Family YMCA Pool Schedule

June-August 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00am-8:00am Open Swim (3) Lap Swim (2)	7:00am-8:00am Open Swim (3) Lap Swim (2)	7:00am-8:00am Open Swim (3) Lap Swim (2)	7:00am-8:00am Open Swim (3) Lap Swim (2)	7:00am-8:00am Open Swim (3) Lap Swim (2)	8:00am-12:00pm Open Swim (3) Lap Swim (2)	
8:00am-9:00am Water Exercise (3) Lap Swim (2)	8:00am-9:00am Water Exercise (3) Lap Swim (2)	8:00am-9:00am Water Exercise (3) Lap Swim (2)	8:00am-9:00am Water Exercise (3) Lap Swim (2)	8:00am-9:00am Water Exercise (3) Lap Swim (2)		
9:00am-5:00pm Open Swim (3) Lap Swim (2)	9:00am-7:50pm Open Swim (3) Lap Swim (2)	9:00am-4:00pm Open Swim (3) Lap Swim (2)	9:00am-7:50pm Open Swim (3) Lap Swim (2)	9:00-5:00 Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
5:00pm-6:00pm Water Exercise (3) Lap Swim (2)	9:00am-7:50pm Open Swim (3) Lap Swim (2)	4:00pm-5:00pm Water Exercise (3) Lap Swim (2)	9:00am-7:50pm Open Swim (3) Lap Swim (2)	5:00pm-6:00pm Water Exercise (3) Lap Swim (2)		
6:00pm-7:50pm Open Swim (3) Lap Swim (2)		5:00pm-7:50pm Open Swim (3) Lap Swim (2)		6:00pm-6:45pm Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	

**POOL SCHEDULE SUBJECT TO CHANGE DEPENDING ON STAFFING SITUATIONS**

**There will be \*10 minute guard safety breaks at 9am, 11am, 2pm and 6pm**

**Please plan to leave pool deck for those 10 minutes.\***