



Eden Family YMCA Pool Schedule

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-8:00 Open Swim (3) Lap Swim (2)	7:00-8:00 Open Swim (3) Lap Swim (2)	7:00-8:00 Open Swim (3) Lap Swim (2)	7:00-8:00 Open Swim (3) Lap Swim (2)	7:00-8:00 Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
8:00-9:00 Water Exercise (3) Lap Swim (2)	8:00-9:00 Water Exercise (3) Lap Swim (2)	8:00-9:00 Water Exercise (3) Lap Swim (2)	8:00-9:00 Water Exercise (3) Lap Swim (2)	8:00-9:00 Water Exercise (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
9:00-1:00 Open Swim (3) Lap Swim (2)	9:00-1:00 Open Swim (3) Lap Swim (2)	9:00-1:00 Open Swim (3) Lap Swim (2)	9:00-1:00 Open Swim (3) Lap Swim (2)	9:00-1:00 Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
4:00-5:00PM Open Swim (3) Lap Swim (2)	4:00-6:00 Open Swim (3) Lap Swim (2)	4:00-5:00 Water Exercise (3) Lap Swim (2)	4:00-6:00 Open Swim (3) Lap Swim (2)	4:00-5:00 Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
5:00-6:00 Water Exercise (3) Lap Swim (2)	4:00-6:00 Open Swim (3) Lap Swim (2)	5:00-7:50 Open Swim (3) Lap Swim (2)	4:00-6:00 Open Swim (3) Lap Swim (2)	5:00-6:00 Water Exercise (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	
6:00-7:50 Swim Team (4) Lap Swim (1)	6:00-7:50 Swim Team (4) Lap Swim (1)	5:00-7:50 Open Swim (3) Lap Swim (2)	6:00-7:50 Swim Team (4) Lap Swim (1)	6:00-6:45 Open Swim (3) Lap Swim (2)	8:00-12:00 Open Swim (3) Lap Swim (2)	

POOL SCHEDULE SUBJECT TO CHANGE DEPENDING ON STAFFING SITUATIONS

There will be 10 minute guard safety breaks at 9am, 11am, and 6pm

POOL IS CLOSED FROM 1:00PM-4:00PM MONDAY-FRIDAY