CAROLINA SPIKE FORCE
Volleyball Club
Spears YMCA
U12 thru U18
Age Cut-off Date Is September 1, 2020

Carolina Spike Force is a travel volleyball club affiliated with & supported by the Spears YMCA of Greensboro, USA Volleyball Association & the Carolina Region Volleyball Association. CSF offers a reasonably priced high-level volleyball program for youth girls. Our goal is to provide high quality skills training in a positive environment while teaching life lessons through the club volleyball experience. For the 2019-2020 season, CSF will support teams for the 12U - 18U Age Groups. Depending upon the amount of overall player interest – we will support various levels: Legacy, Black, Teal, White, & Silver.

Carolina Spike Force Tryout Information
All tryouts will be held at the Spears Y – 3216 Horse Pen Creek Rd. Greensboro, NC 27410. Players are encouraged to attend all tryout dates. The $30 tryout fee (per age group) can be paid in advance at the front desk at the Spears Y or go online at www.spearsymca.org. Pre-Registration is not required but is encouraged to expedite the player’s check-in on the day of tryouts.

Players, who wish to tryout at an age group higher than their designated age group, must register, pay & attend both age group tryouts. Players will be offered a bid for the team that is most similar to their skill set where they will be able to compete & contribute at that age and level.

See our website for additional team information: www.carolinaspikeforce.org

<table>
<thead>
<tr>
<th>U12, U13 &amp; U14</th>
<th>Sunday, Oct. 27</th>
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</thead>
<tbody>
<tr>
<td>12U: 6:30pm-8:30pm</td>
<td>12U: 2:15pm-4:15pm</td>
</tr>
<tr>
<td>13U: 4:15pm-6:15pm</td>
<td>13U: 4:30pm-6:30pm</td>
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<tr>
<td>14U: 2:00pm-4:00pm</td>
<td>14U: 12:00pm-2:00pm</td>
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</tbody>
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<table>
<thead>
<tr>
<th>U15, U16, U17 &amp; U18</th>
<th>Monday, Nov. 11</th>
<th>Tuesday, Nov. 12</th>
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</thead>
<tbody>
<tr>
<td>15U: 4:30pm-6:30pm</td>
<td>15U: 6:00pm-7:30pm</td>
<td>17U/18U: 6:00pm-7:30pm</td>
</tr>
<tr>
<td>16U: 2:15pm-4:15pm</td>
<td>16U: 7:30pm-9:00pm</td>
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<tr>
<td>17U/18U: 12:00pm-2:00pm</td>
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Important: At registration, players must indicate the highest level team you are trying out for.

Bids: At the conclusion of tryouts, bids will be sent to the players with their team offer. If a player receives a bid to be a member of a CSF team, that player may commit at any time. The bids will remain open until Oct. 31st for U12, U13 & U14 and Nov. 14th for U15, U16 & U17 & U18.

Complete registration form and turn in to the Front Desk at the Spears YMCA or mail to:
Spears Family YMCA; 3216 Horse Pen Creek Road, Greensboro, NC 27410

If you have questions regarding the program, please call or email:
Cathy Sescourka 336-387-9624; cathy.sescourka@ymcagreensboro.org
Spears YMCA Carolina Spike Force Volleyball Tryout Registration Form

First Name: ________________________  Last Name: ______________________________
Date of Birth: ___/___/____  Age: ___  Division (circle one) 12U 13U 14U 15U 16U 17U 18U  Gender: ______
Highest level you wish to be considered (Legacy, Black, Teal, White, Silver (12U only) ______
Address: ____________________________________________________________City: ______________________State: ____ Zip: ______
T-Shirt Size  YS  YM  YL  AS  AM  AL  AXL

Guardian #1 (person who will be contacted in case of practice/game changes or cancellations)
Relationship ________________________  Name: ______________________________
(C) ________________________  Phone Carrier: ____________________ Email:________________________

Guardian #2
Relationship ________________________  Name: ______________________________
(C) ________________________  Phone Carrier: ____________________ Email:________________________

THIS IS YOUR RELEASE AND WAIVER OF LIABILITY (the ’Release’). You individually and/or on behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, “YMCA”). You agree that this Release is effective immediately. This is important to you and/or any minor children, so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:

1) GENERAL RELEASE: I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors, and other participants (‘Releases’) in the program harmless from any and all claim and causes of action of any nature for any and all personal injury or illness, including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decide to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which 1 and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child’s participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the law of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, not with standing, continue in full force and effect.

2) ASSUMPTION OF RISK: I, individually and/or on behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physician before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all of the risks.

3) MEDICAL RELEASE: I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA. I take full responsibility for my and my child(ren) welfare and safety on or at YMCA activities. If I hereby give permission for emergency medical treatment to be administered as deemed appropriate.

4) INSURANCE: YOU ARE EXPECTED TO HAVE YOUR OWN HEALTH INSURANCE. You should understand that the YMCA does not carry insurance to cover injuries and losses that may befall you.

5) PHOTOGRAPHIC RELEASE: I consent to be photographed and to allow YMCA’s use of any photos of myself and/or my minor child at its sole discretion.

Parent/Guardian Signature: _____________________________________ Date: ______________________________

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