



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ONE TEAM. ONE GOAL.

Summer Sports Camps

Alex W. Spears III Family YMCA

YMCA Sports Philosophy: Participants have FUN in a safe learning environment. The YMCA believes in the God-given potential of every child; encourages teamwork and a sense of belonging.

Sports Camp Information:



Baseball Camp: Ages 5-12, June 24-28

Learn the fundamentals of baseball including proper throwing and catching, fielding and hitting drills everyday.

Location: Baseball fields at the Spears YMCA



Basketball Camp: Ages 5-12, June 17-21, July 29-August 2

Learn the fundamentals of basketball including dribbling, passing, shooting and defense.

Location: Gater Gym at the Spears YMCA



Lacrosse Camp: Ages 5-12, August 12-16

Learn the fundamentals of lacrosse including shooting, receiving the ball, defense, teamwork and passing.

Location: Athletic fields at the Spears YMCA



Soccer Camp: Ages 5-12, July 8-12, July 22-26

Emphasis on the fundamentals of soccer including passing, defense, shooting and footwork.

Location: Soccer fields at the Spears YMCA



Volleyball Camp: 4th-5th Grade: July 8-12, July 22-26

Volleyball Camp: 6th-8th Grade: June 24-28, July 15-19

Learn the fundamentals of volleyball including passing, serving, footwork, net-work, and proper techniques.

Location: Gater Gym at the Spears YMCA



Tennis Camp: Ages 5-12, July 8-12, July 22-26

Emphasis on the fundamentals of tennis including form, footwork, serving and volleying.

Location: Tennis court at Bur-Mil Park



Flag Football Camp: Ages 5-12, July 15-19

Emphasis on the fundamentals of football.

Location: Sports fields at the Spears YMCA

Camps will run Monday through Friday from 8:30 AM to 12:00 PM

Registration: \$100 YMCA Members \$135 Potential Members

The deadline for registration for each camp is the Friday before the week of camp

THIS IS YOUR RELEASE AND WAIVER OF LIABILITY (the "Release"). You individually and/or on behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, "YMCA"). You agree that this Release is effective immediately.

This is important to you and/or any minor children, so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:

1) GENERAL RELEASE: I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors and other participants ("Releases") in the program harmless from any and all claim and causes of action of any nature for any and all personal injury or illness, including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decide to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which I and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child's participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the law of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, not with standing, continue in full force and effect.2) ASSUMPTION OF RISK: I, individually and/or on behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physican before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all of the risks.

3) MEDICAL RELEASE: I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA.A) I take full responsibility for my and my child(s) welfare and safety on or at YMCA activities. B) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.

4)INSURANCE: YOU ARE EXPECTED TO HAVE YOUR OWN HEALTH INSURANCE. You should understand that the YMCA does not carry insurance to cover injuries and losses that may befall you.

5)PHOTOGRAPHIC RELEASE: I consent to be photographed and to allow YMCA's use of any photos of myself and/or my minor child at its sole discretion.

(6)Parents Code of Ethics: I agree to act in an appropriate manner and be supportive of all playerS/coaches/officials.

HAVING READ, UNDERSTOOD, AND AGREE WITH THESE TERMS, I HAVE EXECUTED THIS REALEASE, TO BE EFFECTIVE IMMEDIATELY.

Parent/Guardian Signature:

Date _____