10th Annual

RACE FOR THE FUTURE
Hayes–Taylor Memorial YMCA 5K Walk/Run

WHEN:
Saturday, October 12th, 2019

WHERE:
Barber Park, 1500 Dans Rd.
Greensboro, NC

ENTRY FEE: Register at Hayes–Taylor
$15 (until Friday Aug. 30th at 8pm)
$20 (Sat. Aug. 31st until Fri. Oct 4th at 8pm)

Sat. Oct 5th until Race Day (Online Reg. ONLY)

DAY OF RACE:
Packet pick up begins at 8am
Race day registration begins at 8am
Race begins at 9am

REGISTRATION INFORMATION:
Hayes–Taylor YMCA
2630 E. Florida St
Greensboro, NC 27401
P 336.272.2131
elena.nazario@ymcagreensboro.org

Online Registration $20.00 @
https://runsignup.com/Race/NC/Greensboro/WalkfortheFuture
RACE PARTICIPANT INFORMATION

Name ___________________________________________________________ Date of Birth __/__/_____

Address_________________________________________________________ City ________________________

State_______ Zip_______ Home Phone ___________________ Cell Phone__________________

Email __________________________________________________________

Emergency Contact Name_________________________________________ Phone ____________________

Name of Group: __________________________________________________

REGISTERING FOR (circle one): Male Female

5K AGE DIVISIONS:

45-49 50-54 55-59 60-64 65-69 70-74 75-80 80+

T-Shirt Size: Small Medium Large XL 2XL 3XL

Shirts are unisex come in adult sizes. Registrations received after 9/14 will receive a shirt as close as possible to the size they requested.

RELEASE AND WAIVER OF LEGAL LIABILITY

Race Waiver: I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained. By my signature, I certify that I am medically able to perform this event, I am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hayes-Taylor Memorial YMCA “Walking for the Future,” the City of Greensboro, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that event photographs will be taken on race day. I freely give my permission for use of any photographs and images taken during this event without further communication or compensation.

Signature of Participant or Guardian (if under 18) __________________________ Date _________________