



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

JUNE GROUP EX.

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8am: AAF (Morgan) 9am: Walking Club (Morgan) 5-5:25pm: Core (Fred) 6:30pm: Yoga (Robin)	2 8am: AAF (Kim) *6pm: Zumba® (Digital Inst.)	3 8am: AAF (Kim)	4 *9am: Yoga (Digital Inst.)
6 8am: AAF (Kim) 5-5:25pm: Core (Morgan) 5:30pm: Line Dancing (Bo) 6:30pm: Yoga (Robin)	7 8am: AAF (Morgan) 6pm: Zumba® (Kisha)	8 8am: AAF (Jeanette) 9am: Walking Club (Morgan) 5-5:25pm: Core (Fred) 6:30pm: Yoga (Robin)	9 8am: AAF (Kim) *6pm: Zumba® (Digital Inst.)	10 8am: AAF (Jeanette) 9am: S&S (Jeanette)	11 *9am: Yoga (Digital Inst.)	
13 8am: AAF (Kim) 5-5:25pm: Core (Morgan) 5:30pm: Line Dancing (Bo) 6:30pm: Yoga (Robin)	14 8am: AAF (Morgan) 6pm: Zumba® (Kisha)	15 8am: AAF (Jeanette) 9am: Walking Club (Morgan) 5-5:25pm: Core (Fred) 6:30pm: Yoga (Robin)	16 8am: AAF (Kim) *6pm: Zumba® (Digital Inst.)	17 8am: AAF (Jeanette) 9am: S&S (Jeanette)	18 *9am: Yoga (Digital Inst.)	
20 8am: AAF (Kim) 5-5:25pm: Core (Morgan) 5:30pm: Line Dancing (Bo) *6:30pm: Yoga (Digital Inst.)	21 8am: AAF (Morgan) 6pm: Zumba® (Kisha)	22 8am: AAF (Jeanette) 9am: Walking Club (Morgan) 5-5:25pm: Core (Morgan) 6:30pm: Yoga (Robin)	23 8am: AAF (Kim) *6pm: Zumba® (Digital Inst.)	24 8am: AAF (Jeanette) 9am: S&S (Jeanette)	25 *9am: Yoga (Digital Inst.)	
27 8am: AAF (Kim) 5-5:25pm: Core (Morgan) 5:30pm: Line Dancing (Bo) 6:30pm: Yoga (Robin)	28 8am: AAF (Morgan) 6pm: Zumba® (Kisha)	29 8am: AAF (Jeanette) 9am: Walking Club (Morgan) 5-5:25pm: Core (Fred) 6:30pm: Yoga (Robin)	30 8am: AAF (Kim) *6pm: Zumba® (Digital Inst.)			

Light Green = Class is pre-recorded Dark Blue = Class has instructor in person Light Blue = Class is a special event Dark Green = New or changed class

Class Abbreviations Key: AAF = Active Adult Fitness, S&S = Strength & Stretch

Classes are capped at 25 and are first come, first serve.