



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Water Fitness AT THE BRYAN FAMILY Y



WATER FITNESS at the BRYAN Y

Join us for Water Fitness at the Bryan YMCA in 2022! All Classes are limited to 20 participants.

Please REGISTER EARLY at bryanymca.org or at the front desk to hold a space!

- Choose From:
- M,W,F at 8am with Cindy
- M,W,F at 9am with Cindy
- M,W,F at 6pm with Jean (Deep Water)
- T,TH at 8am with Joan
- T,TH at 9am with Joan
- Classes run for one month!

M,W,F Classes are \$18 for Members and \$61 for Potential Members
T,TH Classes are \$12 for Members and \$55 for Potential Members

Registration open on the 20th of each month!

For more information, contact JoJo Williams, Aquatics Coordinator, at 336-478-9634 or jojo.williams@ymcagreensboro.org

BRYAN Y AQUATICS DEPARTMENT

501 W. Market St, Greensboro NC - 336-478-9622 - JoJo.Williams@YMCAGreensboro.org



Water Fitness AT THE BRYAN FAMILY Y

PARTICIPANT INFORMATION:

Name: _____ Date of Birth: ____ / ____ / ____ Age: _____
 Email Address: _____ Phone: (____) _____
 Address: _____ City: _____
 State: _____ Zip: _____

Emergency Contact:

Name: _____ Phone: (____) _____ Relationship: _____

RELEASE AND WAIVER OF LEGAL LIABILITY:

THIS IS YOUR RELEASE AND WAIVER OF LIABILITY (the "Release"). You individually and/or on behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, "YMCA"). You agree that this Release is effective immediately.

This is important to you and/or any minor children, so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:

1) GENERAL RELEASE: I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors and other participants ("Releases") in the program harmless from any and all claim and causes of action of any nature for any and all personal injury or illness, including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decide to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which I and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child's participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the law of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, not with standing, continue in full force and effect.

2) ASSUMPTION OF RISK: I, individually and/or on behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physic ian before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all of the risks.

3) MEDICAL RELEASE: I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA. A) I take full responsibility for my and my child(s) welfare and safety on or at YMCA activities. B) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.

4) INSURANCE: YOU ARE EXPECTED TO HAVE YOUR OWN HEALTH INSURANCE. You should understand that the YMCA does not carry insurance to cover injuries and losses that may befall you.

5) PHOTOGRAPHIC RELEASE: I consent to be photographed and to allow YMCA's use of any photos of myself and/or my minor child at its sole discretion.

(6)Parents Code of Ethics: I agree to act in an appropriate manner and be supportive of all players/coaches/officials.

HAVING READ, UNDERSTOOD, AND AGREE WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE, TO BE EFFECTIVE IMMEDIATELY.

Participant/Guardian Signature: _____ Date: _____