



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SPEARS FAMILY YMCA- POOL SCHEDULE

beginning August 30

Monday & Wednesday		Tuesday & Thursday		Friday			
6:00-6:45 AM	LAPS (5) OPEN SWIM	6:00-7:00 AM	LAPS (3) OPEN SWIM	6:00-6:45 AM	LAPS (5) OPEN SWIM		
6:45-8:00 AM	LAPS (3) NO OPEN SWIM	7:00-8:00 AM	LAPS (3) NO OPEN SWIM	6:45-8:00 AM	LAPS (3) NO OPEN SWIM		
8:00-11:00 AM	LAPS (2) NO OPEN SWIM	8:00-10:00 AM	LAPS (2) NO OPEN SWIM	8:00-11:00 AM	LAPS (2) NO OPEN SWIM		
11:00 AM-1:00 PM	LAPS (2) NO OPEN SWIM	10:00 AM-12:00 PM	LAPS (2) NO OPEN SWIM	11:00 AM-1:00 PM	LAPS (2) NO OPEN SWIM		
1:00-3:00 PM	LAPS (5) OPEN SWIM	12:00 PM-1:00 PM	LAPS (5) OPEN SWIM	1:00-7:45	LAPS (5) OPEN SWIM		
3:00-7:00 PM	LAPS (5) 3:00 - 5:00 SWIM LESSONS & WATER FITNESS No Open Swim 4:30-7:00 LAPS (3) 6-7PM	1:00-7:00 PM	LAPS (5) 3:00 - 5:00PM SWIM LESSONS & WATER FITNESS No Open Swim 4:30-7:00 LAPS (3) 6-7PM	<b>Saturday</b>			
7:00-8:45 PM	LAPS (5) OPEN SWIM	7:00-8:45 PM	LAPS (5) OPEN SWIM	7:00-9:15 AM	LAPS (5)		
<b>LEGEND</b> (#): Indicates number of lap lanes available <b>Open Swim:</b> Indicates when the shallow and deep water portion of the pool is available for open swim. <b>No Open Swim:</b> Indicates NO ACCESS to middle section of pool and deep end due to swim lessons and/or Water Fitness						9:15 AM-12:00 PM	LAPS (5) <b>OPEN SWIM</b> LAPS (4) 10:00 - 10:40AM Swim Lessons 9AM -Noon
						12:00-2:45 PM	LAPS (5) <b>OPEN SWIM</b>
<b>Swim Test Policies and Procedures on reverse side.</b>		<b>The Splash Zone/Zero Entry side of the pool is always available for open swim.</b>		<b>Sunday</b>			
				12:00 PM-4:45 PM	LAPS (5) <b>OPEN SWIM</b>		

I

I