

## Reidsville YMCA – July Open Swim

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6am-12pm 6pm-7pm	2 6am-9am 12pm-1pm 2pm-6:45pm	3 10am-1pm
4  CLOSED	5 6am-9am 12pm-1pm 2pm-5pm	6 6am-5pm	7 6am-9am 12pm-1pm 2pm-5pm	8 6am-10am	9 6am-9am 12pm-1pm 2pm-6:45pm	10 10am-1pm
11  CLOSED	12 6am-9am 12pm-1pm 2pm-5pm	13 6am-5pm	14 6am-9am 12pm-1pm 2pm-5pm	15 6am-12pm	16 6am-9am CLOSED 12-1pm 2pm-6:45pm	17 10am-1pm
18  CLOSED	19 6am-9am 12pm-1pm 2pm-7pm	20 6am-7pm	21 6am-9am 12pm-1pm 2pm-7pm	22 6am-12pm 6pm-7pm	23 6am-9am 12pm-1pm 2pm-6:45pm	24 10am-1pm
25  CLOSED	26 6am-9am 12pm-1pm 2pm-7pm	27 6am-7pm	28 6am-9am 12pm-1pm 2pm-7pm	29 6am-12pm 6pm-7pm	30 6am-9am 12pm-1pm 2pm-6:45pm	31 10am-1pm

**During open swim time, pool passes may be sold at the front desk and youth under the age of 18 (members and guests) will be able to use the pool. Once open swim time ends, all youth (members and guests) as well as adults who purchased pool passes will be asked to leave the pool. During open swim time, pool passes will be sold as long as the pool has not reached capacity. No passes will be sold within 30 minutes of the end of open swim or closing.**

**The only youth in the pool outside of open swim times are those actively in a YMCA lead swim lesson.**

## **Pool Rules:**

- Showers are required before entering pool. If lifeguard determines you have not showered, you are required to return to the locker room to shower.
- Youth under 18 should use boys and/or girls locker room. Only adults 18+ are allowed in the adult locker rooms.
  - No inflatables of any kind are allowed in the pool. (water wings, rafts, inner tubes, etc.)
- Children under the age of 5 must be accompanied by a parent or guardian\* within arms reach (in the water) at all times.
  - Children 12 and under must have a parent or guardian\* on the pool deck at all times.
- Children 12 and under must pass a swim test with the lifeguard before swimming or must wear a lifejacket or be within arms reach of a parent or guardian\*.
- Red and yellow bands, and kids in lifejackets may only enter the middle section of the water if within arms reach of parent/guardian\*.
  - Only U.S. Coast Guard Approved Lifejackets are allowed in the pool.
- Children without a green swim band are not allowed in the deep section or in the lap lanes under any circumstances, even with a parent.
  - Pool noodles, water weights, and float belts are for adult use (18+) only.
- No diapers are allowed in the pool. Children who are not yet potty-trained should use a swimmer diaper.
- Lifeguard has total discretion in determining which actions are deemed safe and unsafe in the pool. The lifeguards word is final.
  - No foul language or public displays of affection.
  - No extended breath holding or prolonged underwater swimming.
  - No hanging, pulling, or swimming on top of the lane lines or safety lines.
    - No glassware or food will be allowed on the pool deck.
    - The back pool doors are exit only.

\*Guardian is defined as a responsible party aged 18 years or older. Babysitter or siblings under 18 are not considered acceptable guardians.