



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ONE TEAM. ONE GOAL.

## Summer Sports Camps

### Alex W. Spears III Family YMCA

**YMCA Sports Philosophy:** Participants have FUN in a safe learning environment. The YMCA believes in the potential of every child; encourages teamwork and a sense of belonging.

### Sports Camp Information:



**Baseball Camp:** Ages 5-12, June 21-24, August 9-12

Learn the fundamentals of baseball including proper throwing and catching, fielding and hitting drills.

Location: Baseball fields at the Spears YMCA



**Basketball Camp:** Ages 5-12, July 5-8, July 19-22

Learn the fundamentals of basketball including dribbling, passing, shooting and defense.

Location: Gater Gym at the Spears YMCA



**Soccer Camp:** Ages 5-12, July 12-15, July 26-29

Emphasis on the fundamentals of soccer including passing, defense, shooting and footwork.

Location: Soccer fields at the Spears YMCA



**Volleyball Camp:** 4<sup>th</sup>-5<sup>th</sup> Grade: June 7-10, July 26-29

**Volleyball Camp:** 6<sup>th</sup>-8<sup>th</sup> Grade: June 14-17

Learn the fundamentals of volleyball including passing, serving, footwork, net-work, and proper techniques.

Location: Gater Gym at the Spears YMCA



**Football Camp:** Ages 5-12, August 2-5

Emphasis on the fundamentals of football.

Location: Sports fields at the Spears YMCA

Camps will run Monday through Thursday from 9:30 AM to 12:30 PM

Registration: \$100 YMCA Members    \$135 Potential Members

The deadline for registration for each camp is the Thursday before the start of camp

Online registration: [ymcagreensboro.org/sports-camps](http://ymcagreensboro.org/sports-camps)

Contact Antoine Hawkins, Association Sports Director, at 336.854.8410 ext. 109 or [Antoine.Hawkins@ymcagreensboro.org](mailto:Antoine.Hawkins@ymcagreensboro.org) with questions.

The mission of the YMCA of Greensboro is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

