



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CONFIDENCE WITH EVERY STROKE

## Private Swim Lessons (adult)

Private swim lessons are a great way to receive one on one instruction time with a trained swimming instructor. Lessons are not restricted to age; anyone can receive private swim lessons! Private Lessons are composed of six (6) thirty (30) minute lessons or one single thirty (30) minute lesson. Private lessons can be done individually or up to two participants per group.

**Six Lesson Package per participant:**

\$120 Members

\$180 Non-Members

**Single Lessons per participant:**

\$25 Members

\$35 Non-Members

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Participant Important Medical Information:

Emergency Contact: \_\_\_\_\_

**Please let us know what you are looking for in a swim instructor or looking to accomplish in swim lessons, to help match you with a swim instructor:**

\_\_\_\_\_

**Please circle days and times you are available for private lessons:**

Available Days & Times for Lessons (circle): Mon. Tues. Wed. Thurs. Fri. Sat.

Morning Mid-Day Afternoon, Evening: \_\_\_\_\_

# Mary Perry Ragsdale Family YMCA Private Swim Lesson Policies

1. I understand that I may be placed on a wait list for private lessons, and it may take a few weeks before a Swim Instructor is available.
2. I understand I must present a receipt to the swim instructor before beginning private lessons, or the lesson will not be taught.
3. Children must be age 3 before beginning private lessons. We offer a parent/child class for children under age 3.
4. If you have to cancel a lesson, you will need to cancel 24 hours in advance in order to schedule a make-up class. If you do not cancel within 24 hours prior to the start of your lesson the class time will be lost. Please be on time for your lessons, your instructor often will have other lessons to teach as well.
5. Lessons are either once or twice week, other arrangements may be made with approval of the Aquatics Director and Swim Instructor.
6. Make-up lessons will be given at the discretion of the swim instructor.
7. We cannot guarantee that all requests will be fulfilled, but every effort will be made to match you with an instructor in a timely fashion. If you have been on the list for more than 30 days without a call, please contact the aquatics office.

I acknowledge that I have read and understand the Mary Perry Ragsdale Family YMCA Private Swim Lessons Policies.

Participant Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## Adult Participant Release & Waiver of Liability and Indemnity Agreement

**PLEASE READ CAREFULLY. THIS DOCUMENT EFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT YOU ARE RELEASING YMCA OF GREENSBORO, INC. FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE**

### Assumption of Risk

I acknowledge and agree that any use of YMCA of Greensboro, Inc. facilities, services, equipment and premises ("Facilities") and any participation in YMCA of Greensboro, Inc. programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease. I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

### Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, agree that YMCA of Greensboro, Inc., its officers, directors, agents, employees, volunteers, insurers and representatives ("Releases") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releases. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releases from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releases on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releases.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY AND HOLD HARMLESS** Releases from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant Legal Name (Print Clearly): \_\_\_\_\_ Member ID: \_\_\_\_\_

Participant D.O.B: \_\_\_\_\_ Email Address: \_\_\_\_\_