



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

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MEDIA ADVISORY // FOR IMMEDIATE RELEASE

Reidsville Family Y 33rd annual Turkey Trot

Greensboro, N.C., November 3, 2010 – Reidsville Family YMCA will host their 33rd annual Turkey Trot run on Saturday, November 13th.

The starting time is 8:30 a.m. for the 1-mile Fun Run/Walk. Trophies will be awarded to the top 3 overall male/female finishes for the under-10 division and under-14 division. At 9:15 a.m., the 5-K will begin. Trophies will be presented to the top three overall male and female finishes in each age division for the 5-K run. Long sleeve t-shirts are given to the first 100 competitors and medals will be given to all participants.

“We are very excited about our upcoming Turkey Trot race being held in it’s 33rd year here at the Reidsville YMCA. The course is a fairly flat run, though it does provide a challenge,” says program director Marty Parrish. “ We always have a great turnout and community support for this event is outstanding. We would love for everyone to come out and enjoy a great day of running and fellowship.”

the Y

The mission of the YMCA of Greensboro is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

The Y is leading the way as the nation’s leading non-profit committed to strengthening communities through youth development, healthy living and social development.

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