



Joe Hennigan

Vice President and Executive Director

Spears Family YMCA

336.387.9622

joe.hennigan@ymcagreensboro.org

Michael Digh

Marketing Director

YMCA of Greensboro

336.854.8410

michael.digh@ymcagreensboro.org

FOR IMMEDIATE RELEASE

Spears Family YMCA to Break Ground on Expansion Project

Greensboro, January 6, 2009 -- The \$3 million expansion of the Spears Family YMCA will officially kick-off this Thursday, January 8, 2009 at 11:00 am at the facility located at 3216 Horse Pen Creek Road in northwest Greensboro.

On hand to turn to the shovels at the ground-breaking ceremony will be Greg Jones, President & CEO of the YMCA of Greensboro, Gary Rogers, Chair of the YMCA Greensboro Metropolitan Board of Directors, Gill Vaughan, Chair of the Spears Family YMCA Board of Management and Joe Hennigan, Vice President & Executive Director of the Spears Family YMCA.

Scheduled to be completed later this year, the expansion project includes a new 2,000 square foot Aerobics Room, a new 1,500 square foot Health & Wellness area and a new 1,500 square foot Teen Center.

"As our membership has grown and the needs of our members has grown, we saw the need to expand the facility and accommodate that growth," explained Joe Hennigan, Vice President & Executive Director of the Spears Family YMCA.

According to Hennigan, the building's main entrance will be relocated closer to the center of the facility to provide more working space for the staff and a bigger lounge area for members and visitors. In addition, the current Child Watch Center will also be renovated.

This is the third renovation or expansion of the Spears Family YMCA since the facility first opened in 2002. Membership has increased to 14,000 current members in the past 6 years.

For more information about the upcoming groundbreaking ceremony and the Spears Family YMCA expansion project, contact Joe Hennigan at (336) 387-9622 or visit www.spearsexpansion.org.

The mission of the YMCA is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all. We build strong kids, strong families, and strong communities.

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