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FOR IMMEDIATE RELEASE

## **YMCA OF GREENSBORO HOSTS 120<sup>th</sup> BIRTHDAY CELEBRATION**

*Come Celebrate 120 Years of Success*

**Greensboro, N.C.**, April 27, 2009—Many folks plan special celebrations for milestone birthdays, but reaching 120 demands something really big. Once **Mayor Yvonne Johnson declares it to be “YMCA Day” on Saturday, May 16 at 10 a.m.**, the YMCA of Greensboro will be ready to celebrate the day away.

**The Bryan facility, located at 501 W. Market St., is inviting the Greensboro community to celebrate the YMCA’s 120 years strong with food, bounce houses, live entertainment, gift bags and, of course, a basketball throwing contest.** After all, what would a Y party be without basketball, the game it invented?

### **Birthday Celebration Schedule:**

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|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>10 a.m.</b>        | Mayor makes proclamation of day as <b>YMCA day</b>                                                                                                                        |
| <b>10:30</b>          | Board of Directors Chairperson, Dennis Stearns, and YMCA of Greensboro CEO / President, Greg Jones, give out Volunteer of the Year awards – 12 awards to adults and kids. |
| <b>11:00</b>          | “World’s Strongest Man” Bill Kazmaier bus pull                                                                                                                            |
| <b>10:45 - 12:45</b>  | DJ hosting show                                                                                                                                                           |
| <b>Noon</b>           | Sing Happy Birthday to the YMCA                                                                                                                                           |
| <b>12:15</b>          | The Dudley Singers, Dudley High School                                                                                                                                    |
| <b>12:30</b>          | Smith High School dancers                                                                                                                                                 |
| <b>12:30</b>          | Basketball free-throw contest                                                                                                                                             |
| <b>12:45 - 2 p.m.</b> | local DJ hosting with music                                                                                                                                               |

For people who come hungry, the Y will be providing free food for the event – hot dogs, cupcakes and Pepsi products – along with sales of snow cones, popcorn and fish sandwiches. Funds raised by the Free Throw contest will be contributed to the YMCA’s We Build People campaign.

Although the YMCA is one of the largest not-for-profit community service organizations in the United States, its presence has been particularly vital in Guilford County. Since its beginnings in 1889, the Y has been through many location changes and growth spurts, resulting in today's six branch facilities, plus Camp Weaver. Offering programs in aquatics, arts, child care, health and fitness, there is truly something for everyone of every age at the Y.

For more information about the event, please contact the Greensboro Metropolitan YMCA office at (336) 854-8410 or stop in at 320 Green Valley Road, Suite 210.

For 120 years, the mission of the YMCA of Greensboro is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all. We build strong kids, strong families, and strong communities.

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